

PONTEDILEGNO TONALE
7tomynature

## ISMF WORLD CUP SKI MOUNTAINEERING | Pontedilegno-Tonale 2022

THURSDAY, 15th December 2022

| From 4.00 pm to 7.00 pm | Accreditation | City Hall (Race Office) |
| :--- | :--- | :--- |
| H 6.30 pm | Team Captain meeting Sprint race | City Hall (Race Office) |

SPRINT RACE - FRIDAY, 16th December 2022

| From 8.30 am to 11.15 am | Accreditation | City Hall (Race Office) |
| :--- | :--- | :--- |
| H 4.45 pm | Team Captain meeting | Race area Ponte di Legno |
| H 5.15 pm | Senior training | Race area Ponte di Legno |
| H 5.45 pm | Qualifications Senior Women | Race area Ponte di Legno |
| H 5.58 pm | Qualifications Senior Men | Race area Ponte di Legno |
| H 6.33 pm | 1st $1 / 4$ Final Senior Women | Race area Ponte di Legno |
| H 6.38 pm | 2nd $1 / 4$ Final Senior Women | Race area Ponte di Legno |
| H 6.43 pm | 3rd 1/4 Final Senior Women | Race area Ponte di Legno |
| H 6.48 pm | 4th $1 / 4$ Final Senior Women | Race area Ponte di Legno |
| H 6.53 pm | 5th $1 / 4$ Final Senior Women | Race area Ponte di Legno |
| H 7.00 pm | Race area Ponte di Legno |  |
| H 7.05 pm | Race area Ponte di Legno |  |
| H 7.10 pm | Race area Ponte di Legno |  |
| H 7.15 pm | 2nd $1 / 4$ Final Senior Men | Race area Ponte di Legno |
| H 7.20 pm | 3rd $1 / 4$ Final Senior Men | Race area Ponte di Legno |
| H 7.45 pm | 4th $1 / 4$ Final Senior Men | Race area Ponte di Legno |
| H 7.53 pm | 5th $1 / 4$ Final Senior Men | Race area Ponte di Legno |
| H 8.08 pm | 1st $1 / 2$ Final Senior Women | Race area Ponte di Legno |
| H 8.16 pm | 2nd 1/2 Final Senior Women | Race area Ponte di Legno |
| H 8.28 pm | 1st $1 / 2$ Final Senior Men | Race area Passo Paradiso |
| H 8.40 pm | 2nd 1/2 Final Senior Men | Final Senior Women |
| To follow | Final Senior Men | Flower and Awards Ceremony |

SATURDAY, 17th December 2022

| H 6.30 pm | Team Captain meeting Individual race | City Hall (Race Office) |
| :--- | :--- | :--- |

INDIVIDUAL RACE - SUNDAY, 18th December 2022

| H 9.15 am | Team Captain meeting | Race area Passo Paradiso |
| :--- | :--- | :--- |
| H 9.45 am | Start of Individual Race Men | Race area Passo Paradiso |
| H 10.15 am | Start of Individual Race Women | Race area Passo Paradiso |
| To follow | Flower and Awards Ceremony | Race area Passo Paradiso |

