



International Ski Mountaineering Federation

Regulation Regarding Registration and Participation in ISMF Competitions

Any change requested by the organiser regarding itineraries or schedule in the following regulation has to be presented in writing to and approved by the ISMF technical team in advance.

NB: All rules and regulations may be subject to modification of the language used, in so much as the context and the content of the rule/regulation will remain unaltered but the English language used within said rules and regulations may be subject to improvement in terms of grammar and clarity.



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1. INTRODUCTION

The ISMF Rules and Regulations for international ski mountaineering competitions (for World and Continental championships, World and Continental cups and ISMF Series races) consist of a set of rules for the standardized organisation of ski mountaineering competitions. The purpose of this text is to set out the registration and participation requirements for ISMF competitions. All official ISMF Rules and Regulations are published in English.

This document is the main reference, together with the documents named "Sporting Rules, Guidelines for Organising ISMF international ski mountaineering competitions, and Ranking Rules", for setting out the rules and regulations applicable to international competitions.

2. ENTRY TO COMPETITIONS

2.1 Categories

The categories for international competitions are:

U16	15-16 years	2007-2008
U18	17-18 years	2005-2006
U20	19-20 years	2003-2004
Senior	19 years and above	2004 or before
U23 ranking (Senior subcategory)	19-20-21-22-23	2004-2003-2002-2001-2000

*Categories for the WCH and CCH:

When the WCH and/or the CCH are organised involving both youth and senior categories in the same event, during the registration, the U20 athletes have to indicate if they want to participate and be ranked in the U20 or to participate and be ranked in the Senior category/U23 subcategory. It is not possible to participate in the U20 and Senior categories at the same time. The category decided will be the same for all the competitions of the concerned event (WCH or CCH).

Only for master dedicated events.

Pre Master	35 to 39	1988 to 1984
O40	40 to 44	1983 to 1979
O45	45 to 49	1978 to 1974
O50	50 to 54	1973 to 1969
O55	55 to 59	1968 to 1964
O60	60 or more	

U18 and U20 can run in a senior relay.

For the sports season N-1/N, the age taken into account is the age on 31st December of year N.

Please refer to the appendix 1 with the new categories at the end of the rules.

Rules for Team Event competitions:

- Men's team = team composed of two men
- Women 's team = team composed of two women
- Composition Senior Team = any athlete 18 years old (during the year of the race) or over. The team is automatically ranked in the senior category, regardless of the age of the two teammates.
- Composition U20 Team = U20 athletes only
- Composition U18 Team = U18 athletes only
- Long Distance Races may be composed of more than two members
- A racer holding a valid ISMF licence who teams up with a racer who does not have an ISMF licence for the current year is not eligible to receive classification points.
- The two members of the team must have the same nationality and belong to the same federation. All other team compositions will be rejected.

2.1.1 Recommended categories for the National Federations

Name of the category	Age range	
U12	11-12 years	Recommended categories for national federations
U14	13-14 years	
U16	15-16 years	
U18	17-18 years	ISMF OFFICIAL CATEGORIES
U20	19-20 years	
Senior	19-.... years	
U23 Subcategory	19-20-21-22-23 years	
Pre Master	35 to 39 years	Recommended categories for national federations
Master O40	40-44 years	
Master O45	45-49 years	
Master O50	50-54 years	
Master O55	55-59 years	
Master O60	60+ years	

2.2 Quotas per country (where applicable)

2.2.1 World and European Championships quotas

Individual races, Sprint and Vertical Race:

- Senior: 4 M and 4 W
- U23: 3 M and 3 W (total of 7 seniors M and 7 seniors W)
- U20: 4 M and 4 W
- U18: 4 M and 4 W

Team races:

- Senior: 4 teams M + 4 teams W

Relay races:

- Senior: 1 team M + 1 team W
- Youth: 1 team
- Youth Mixed Relay 2 teams
- Senior Mixed Relay 2 teams

- In the event that Continental or World Championships should take place at the same time as a World Cup, no quota shall be applied for the World Cup ranking. The start list will follow the World Cup ranking. Ranking of World Championships and Continental Championships will be published with the first racers of each country, limited by the quota number.

- The title of World Champion grants a bonus place (except for Relay Race) for the next World Championship. Ditto for the title of Continental Champion.

If for any reason the competition does not take place, or if there is no ranking, this bonus is applied in the next Championship.

E.g.: a competitor from country X won the individual women's race at the last world championship and a competitor of country Y finished 2nd. For the world championship, the country X may register five (four + one) women competitors for this race, whereas country Y (and all other countries) may only register 4 competitors.

2.2.2 Continental Championships (excluding Europe), World cup and ISMF Series races

There are no quotas.

2.2.3 World Cup Mixed Relay

When there is a Mixed Relay in the WC or Continental Cup there are no quotas for the qualification phase. For the composition of the final, the quota is 2 teams per nation. (The two best qualified teams of the nation during the qualification phase). The composition of the team cannot change from the qualification phase to the final one.



2.3 Licence and documents

Competitors must hold an ISMF INTERNATIONAL LICENCE to participate in ISMF races.

There are Licence A and Licence B

With the Licence A, the competitors can participate in all the events where Licence A or B are required.

With the Licence B, the competitors can participate in all the events where Licence B is required.

2.3.1 Licence A

The licence A is only for the National teams.

To obtain the licence A, to compete in the WCH, ECH and WC, the competitors should contact their national federation to obtain an international licence. Each national federation must send the ISMF licence registration form to ISMF headquarters at least one week before the start of the competition. Both the national federation and the competitor agree to accept and abide by all ISMF rules and regulations (equipment, conduct, anti-doping, etc.).

2.3.2 Licence B

In order to apply for the ISMF licence B, it is necessary to proceed as follows:

- Masters athletes: application for the licence B on their own through the ISMF website, as they must do also for the registration for competitions;

- Youth World Cup athletes: application for the licence B and registration for competitions exclusively through the ISMF National Federation of belonging, after obtaining the relevant national licence. The ski mountaineering club of reference of a selected athlete must contact the ISMF NF of the own country to proceed to obtain the ISMF licence B. In the event that such ISMF NF does not have a national licence, it must provide the athlete with an official document valid as a pass and then proceed to apply for the ISMF licence B. For the U16 category, the licence B will be free of charge.

Each national federation must ensure that its competitors enrolled in Continental and World Championships and ISMF World Cup races are:

- holders of a public liability insurance and a repatriation assistance policy covering any accidents involving competitors that may arise during journeys to and from the competition and/or during the competition;
- holders, if necessary, of an individual accident insurance;
- physically fit to take part in ski mountaineering competitions, holders, and if necessary, of a medical certificate in compliance with the national regulation;
- authorized to take part in competitions. A letter from parents or the legal guardian for young competitors (minors) with respect to the legislation of each country is requested.

For ISMF Series ski mountaineering races, it is up to athletes to ensure that they are personally in regulation with national rules concerning participation e.g., medical certificate, national licence, etc.

It is not essential to hold an international ISMF licence in order to participate ISMF Series races.

2.4 Athlete Registration

2.4.1 World/Continental Championships and World/Continental Cups - all categories

All competitors must be registered by the national federation for World/Continental Championships and World Cups via the ISMF website (www.ismf-ski.org).

The use of the ISMF website for registration is compulsory for all World Cup events and World/Continental Championships. Registration must be made by the national federations after having created an account on the Intranet of the ISMF.

For the open races, registration could be made by the athletes or the Local Organising Committee via the ISMF website.

National federations can only register athletes of the country they represent (no foreigners). Athletes with dual nationality must choose which nationality they wish to use at the beginning of each season.

Competitors holding an ISMF licence can only participate in team races with team members of their own nationality during ISMF World Championships or World Cups.

For every event, a national federation registers its quota of competitors/teams/relays at the time set down by the ISMF, stating the names of the competitors, team formation and start order for relays.



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For the World/Continental Championships, the national federation makes a global registration before the event. Coaches can then modify their registrations on the eve of the race during a 1-hour period decided by the ISMF and the Local Organising Committee before the championships.

An athlete can be replaced until the day before the race during the period decided by the ISMF and the LOC. The national federation is responsible for giving the sport number to the substitute(s). The potential substitute(s) will be compulsorily announced at the moment of the registration in the race.

Local Organising Committee members and ISMF officials cannot participate in a competition in which they are officially involved.

2.4.2 *ISMF Series*

For the ISMF Series races the athletes will register directly via the Local Organising Committee; therefore, a list of all enrolled athletes must be sent to the ISMF in excel format.