



International Ski Mountaineering Federation

Regulation Regarding Registration and Participation in ISMF Competitions

Any change requested by the organiser regarding itineraries or schedule in the following regulation has to be presented in writing to and approved by the ISMF technical team in advance.

NB: All rules and regulations may be subject to modification of the language used, in so much as the context and the content of the rule/regulation will remain unaltered but the English language used within said rules and regulations may be subject to improvement in terms of grammar and clarity.



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1. INTRODUCTION

The ISMF Rules and Regulations for international ski mountaineering competitions (for World and Continental championships, World and Continental cups and ISMF Series races) consist of a set of rules for the standardized organisation of ski mountaineering competitions. The purpose of this text is to set out the registration and participation requirements for ISMF competitions. All official ISMF Rules and Regulations are published in English. This document is the main reference, together with the documents named "Sporting Rules, Rules for Organising ISMF international ski mountaineering competitions, and Ranking Rules", for setting out the rules and regulations applicable to international competitions.

2. ENTRY TO COMPETITIONS

2.1 Categories

The categories for international competitions are:

U18	17-18 years	2003-2004
U20	19-20 years	2002-2001
Senior	21 years and above	2000 or before
U23 ranking (Senior subcategory)	21-22-23	2000-1999-1998

Only for master dedicated events.

O40	40 to 44	1981 to 1977
O45	45 to 49	1976 to 1972
O50	50 to 54	1971 to 1967
O55	55 to 60	1966 to 1962

U18 and U20 can run in a senior relay.

For the sports season N-1/N, the age taken into account is the age on 31st December of year N.

Please refer to the appendix 1 with the new categories at the end of the rules.

Rules for Team Event competitions:

- Men's team = team composed of two men
- Women 's team = team composed of two women
- Composition Senior Team = any athlete 18 years old (during the year of the race) or over. The team is automatically ranked in the senior category, regardless of the age of the two teammates.
- Composition U20 Team = U20 athletes only
- Composition U18 Team = U18 athletes only
- Long Distance Races may be composed of more than two members
- A racer holding a valid ISMF licence who teams up with a racer who does not have an ISMF licence for the current year is not eligible to receive classification points.
- The two members of the team must have the same nationality and belong to the same federation. All other team compositions will be rejected.

2.2 Quotas per country (where applicable)

2.2.1 World and European Championships quotas

Individual races, Sprint and Vertical Race:

- Senior: 4 M and 4 W
- U23: 3 M and 3 W (total of 7 seniors M and 7 seniors W)
- U20: 4 M and 4 W
- U18: 4 M and 4 W



- Team races:**
- Senior: 4 teams M + 4 teams W
- Relay races:**
- Senior: 1 team M + 1 team W
 - Youth: 1 team

- In the event that Continental or World Championships should take place at the same time as a World Cup, no quota shall be applied for the World Cup ranking. The start list will follow the World Cup ranking. Ranking of World Championships and Continental Championships will be published with the first racers of each country, limited by the quota number.

- The title of World Champion grants a bonus place for the next World Championship. Ditto for the title of Continental Champion.

If for any reason the competition does not take place, or if there is no ranking, this bonus is applied in the next Championship.

E.g.: a competitor from country X won the individual women's race at the last world championship and a competitor of country Y finished 2nd. For the world championship, the country X may register five (four + one) women competitors for this race, whereas country Y (and all other countries) may only register 4 competitors.

2.2.2 Continental Championships (excluding Europe), World cup and ISMF Series races

There are no quotas.

2.3 Licence and documents

Competitors must hold an ISMF INTERNATIONAL LICENCE to participate in ISMF ski mountaineering Championships and World Cup races.

Competitors should contact their national federation to obtain an international licence. Each national federation must send the ISMF licence registration form to ISMF headquarters at least one week before the start of the competition. Both the national federation and the competitor agree to accept and abide by all ISMF rules and regulations (equipment, conduct, anti-doping, etc.).

Each national federation must ensure that its competitors enrolled in Continental Championships and ISMF World Cup races are:

- holders of a public liability insurance and a repatriation assistance policy covering any accidents involving competitors that may arise during journeys to and from the competition and/or during the competition;
- holders, if necessary, of an individual accident insurance;
- physically fit to take part in ski mountaineering competitions, holders, and if necessary, of a medical certificate in compliance with the national regulation;
- authorized to take part in competitions. A letter from parents or the legal guardian for young competitors (minors) with respect to the legislation of each country is requested.
- Prior Anti-doping test with negative result.
- Season 2020/21:
 - Autumn 2020
 - All athletes who wish to obtain a licence must first prove that they have successfully completed the online Anti-doping test and send in their certificate together with the order for the licence.
- Season 2021/22:
 - Autumn 2021
 - Since there will be a new Anti-doping CODE in 2021 and the test will be changed, all athletes who want to obtain a licence must complete the online Anti-doping test again and send in their certificate together with the order of the licence.
 - -> The test can be taken in English or French.
- Seasons 2022/23:
 - Autumn 2022
 - All new athletes who want to obtain a licence (had not bought a licence last season) must complete the online Anti-doping test and send in their certificate together with the licence order.
 - From autumn 2022 a periodicity will be introduced for athletes who have already done the test once (proposal every 2 years/3 years, but certainly if something changes in the Anti-doping code)

For ISMF Series ski mountaineering races, it is up to athletes to ensure that they are personally in regulation with national rules concerning participation e.g. medical certificate, national licence, etc.



It is not essential to hold an international ISMF licence in order to participate ISMF Series races.

2.4 Athlete Registration

2.4.1 *World/Continental Championships and World/Continental Cups - all categories*

All competitors must be registered by the national federation for World/Continental Championships and World Cups via the ISMF website (www.ismf-ski.org).

The use of the ISMF website for registration is compulsory for all World Cup events and World/Continental Championships. Registration must be made by the national federations after having created an account on the Intranet of the ISMF.

For the open races, registration could be made by the athletes or the Local Organising Committee via the ISMF website.

National federations can only register athletes of the country they represent (no foreigners). Athletes with dual nationality must choose which nationality they wish to use at the beginning of each season.

Competitors holding an ISMF licence can only participate in team races with team members of their own nationality during ISMF World Championships or World Cups.

For every event, a national federation registers its quota of competitors/teams/relays at the time set down by the ISMF, stating the names of the competitors, team formation and start order for relays.

For the World/Continental Championships, the national federation makes a global registration before the event. Coaches can then modify their registrations on the eve of the race during a 1 hour period decided by the ISMF and the Local Organising Committee before the championships.

An athlete can be replaced until 1 hour before the start of the race.

The national federation is responsible for giving the sport number to the substitute(s).

The potential substitute(s) will be compulsorily announced at the moment of the registration in the race.

Local Organising Committee members and ISMF officials cannot participate in a competition in which they are officially involved.

2.4.2 *ISMF Series*

For the ISMF Series races the athletes will register directly via the Local Organising Committee; therefore, a list of all enrolled athletes must be sent to the ISMF in excel format.



2.1 CATEGORIES_Appendix 1: Recommended categories for the national federations.

Name of the category	Age range	
U12	11-12 years	Recommended categories for national federations
U14	13-14 years	
U16	15-16 years	
		ISMF OFFICIAL CATEGORIES
U18	17-18 years	
U20	19-20 years	
Senior	21-.... years	
U23 Subcategory	21-22-23 years	
		Recommended categories for national federations
Master O40	40-45 years	
Master O45	45-50 years	
Master O50	50-55 years	
Master O55	50-.... years	

For the World Championships and Continental Championships, racers of the last year inside the U16 category will be permitted to participate in the U18.

For the 2020/2021 season only, the last year of the U18 (18 years old) athletes can compete in the U20 at all World Cup events (valid for all World Cup events from 1st December 2020 to 31st March 2021).