

## Medical Certificates for obtaining ISMF 2018 Licence

At the ISMF Medical Commission, we are working to ensure that you can all race in safe conditions. Please take a few minutes to fill in this questionnaire, regarding how you obtained your 2018 ISMF licence. The information collected will remain anonymous.

\*Campo obbligatorio

Indirizzo email \*

Il tuo indirizzo email

which country do you race for?

La tua risposta

Flags:



what is your date of birth

GG MM AAAA  
/ / 2018

is this the first time you are applying for ISMF licence?

- Yes  
 No

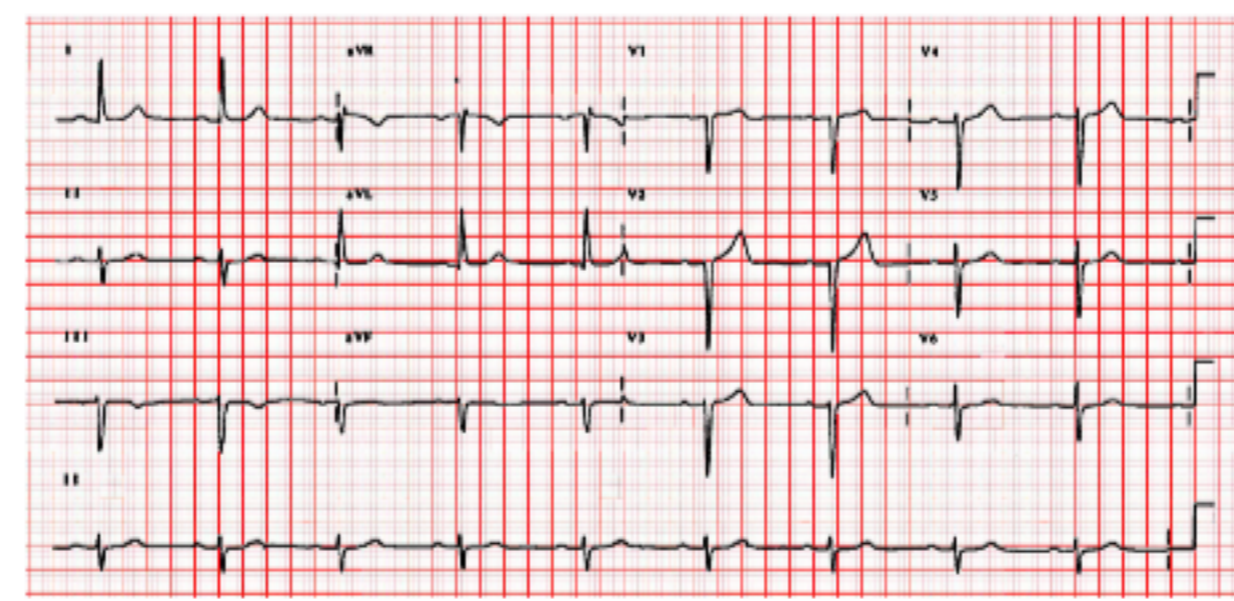
did you need a medical certificate to obtain the ISMF licence from your national federation?

- Yes  
 No

did you get an ECG

- Yes  
 No

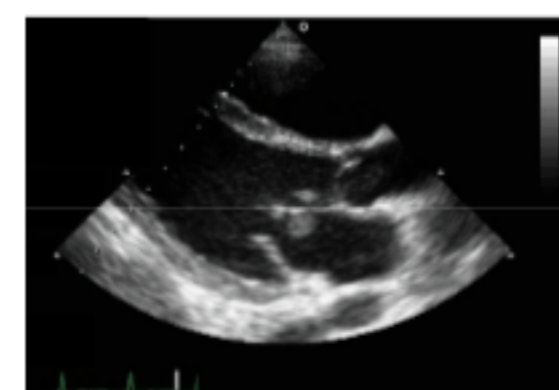
ECG:



did you get a heart ultrasound?

- Yes  
 No

heart ultrasound:



did you get an exercise test?

- Yes  
 No

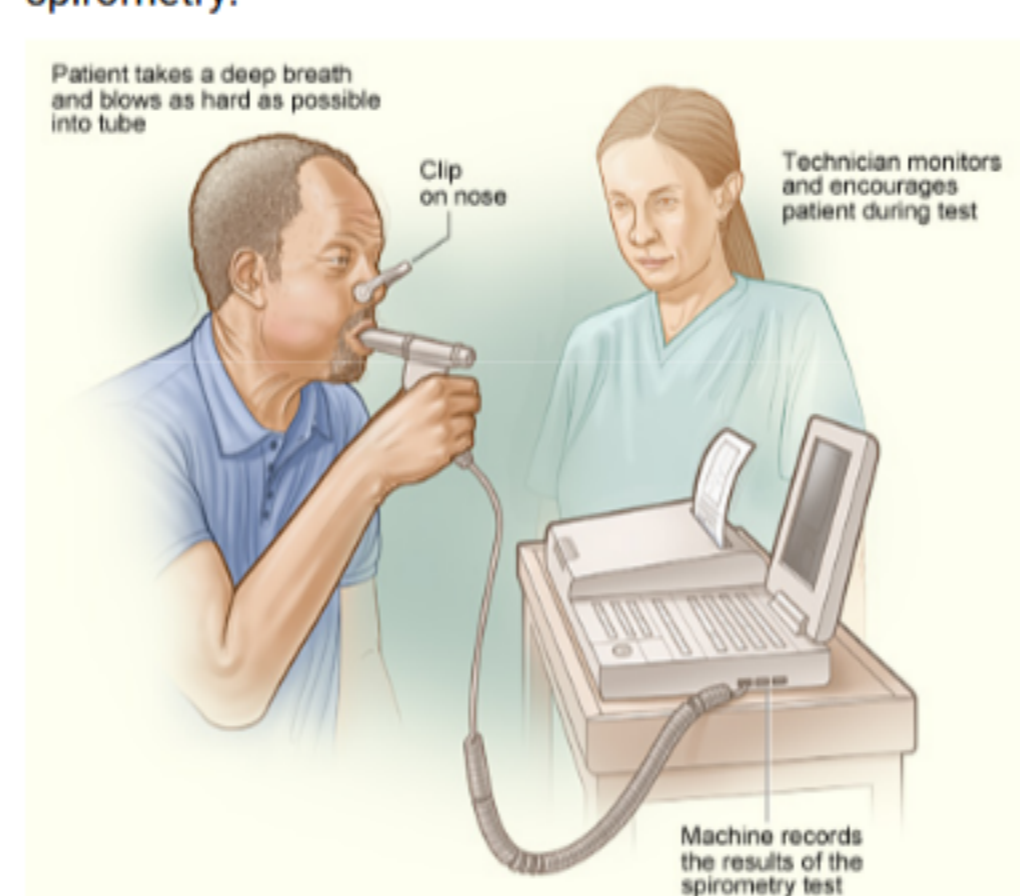
exercise test:



did you get a spirometry test?

- Yes  
 No

spirometry:



did you get dietary advice?

- Yes  
 No

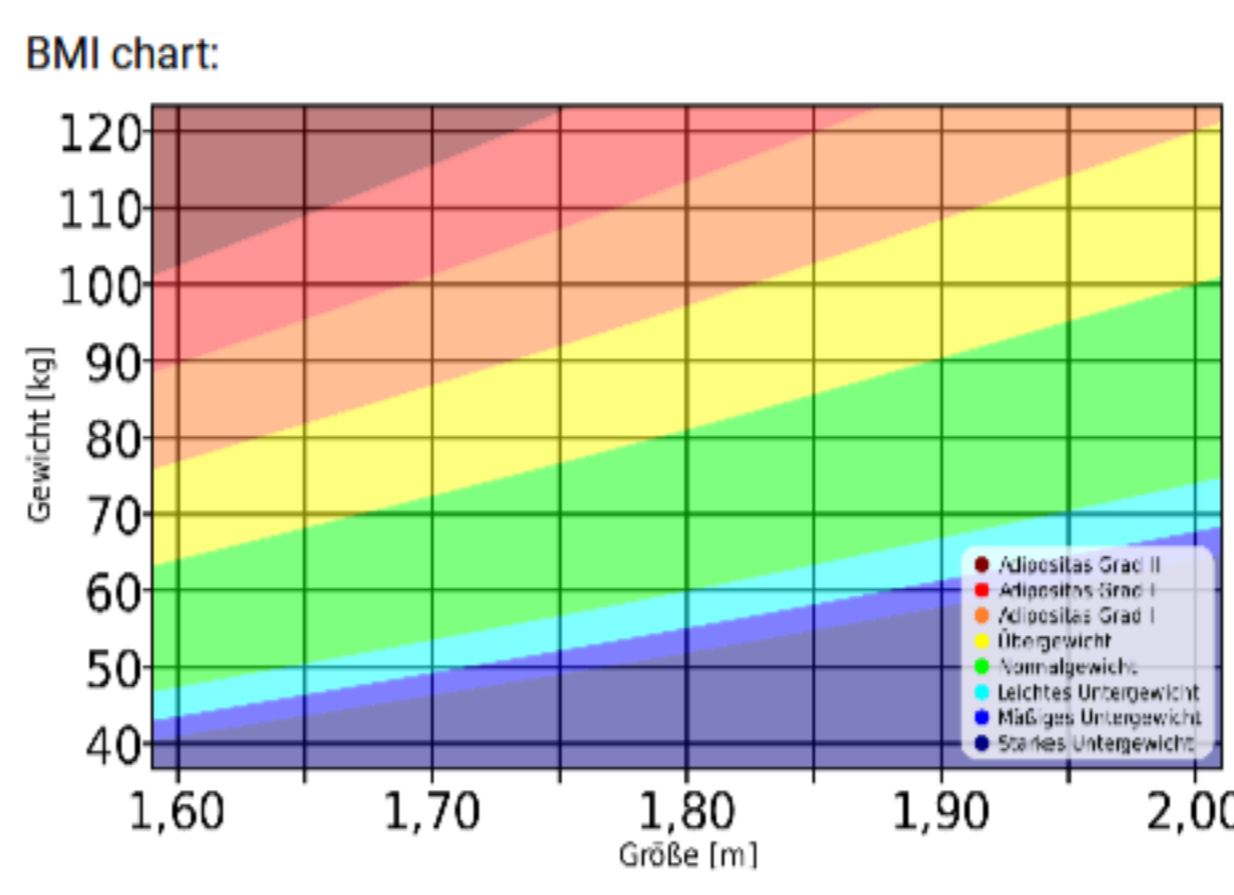
nutrition (or not in this case):



did you get your BMI (body mass index) calculated? (weight (in Kg)/ size (in meters)<sup>2</sup>

- Yes  
 No  
 Maybe

BMI chart:



did you get a blood test?

- Yes  
 No

blood test:



did you get advice about Doping Prevention?

- Yes  
 No

doping:



did you get an eye test?

- Yes  
 No

Eye testing:



did you get any other tests? (please specify)

La tua risposta

Thanks for your time, pray for snow, and have a great 2019 Ski Season.

La tua risposta

INVIA

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Non inviare mai le password tramite Moduli Google.